

# CHILDREN'S DEVELOPMENT

## Attachment Styles:

### Secure

- Child feels safe and confident; trusts caregiver will respond.

### Avoidant

- Child avoids closeness; may seem emotionally distant.

### Ambivalent

- Child is clingy and anxious; unsure if caregiver will respond.

### Disorganized

- Child acts confused or fearful; caregiving may be unpredictable.

Consistent, loving responses help build secure attachment.



## Speech & Language Development (Ages 0-3)

- **Receptive language** = understanding others
- **Expressive language** = using words, sounds, gestures to communicate

### By age 3, most children can:

- Follow two-step instructions
- Use simple sentences and ask questions
- Name common objects and body parts
- Be understood by most people outside the family

## Reading Milestones (Preschool to Grade 3)

- **Senior Kindergarten (age 4-5)**
  - Recognizes most letters
  - Understands basic sounds in words
  - Begins identifying sight words
- **Grade 1**
  - Starts reading full sentences
  - Applies letter-sound rules
  - Reads familiar words more fluently
- **Grade 3**
  - Reads with expression and understanding
  - Summarizes and predicts story events
  - Connects stories to personal experiences



Read together daily. Talk about books, signs, and labels in your environment.



## Writing Milestones

### Senior Kindergarten

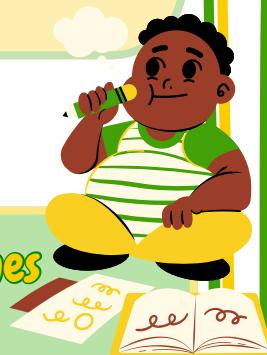
- Prints their name and simple words
- Understands spacing, direction, capital and lowercase letters

### Grade 1

- Writes simple sentences
- Uses punctuation (periods, capitals)
- Begins to spell common words correctly

### Grade 3

- Uses descriptive language
- Applies grammar and spelling rules
- Writes clearly and with structure



Encourage writing through drawing, journaling, and writing together (grocery lists, cards, etc.).

